NATURALLY VENTILATED EARTH TIMBER CONSTRUCTIONS

Research results from [H]house project
ZRS monitoring data and best practice example

Eike Roswag-Klinge - Roswag Architekten

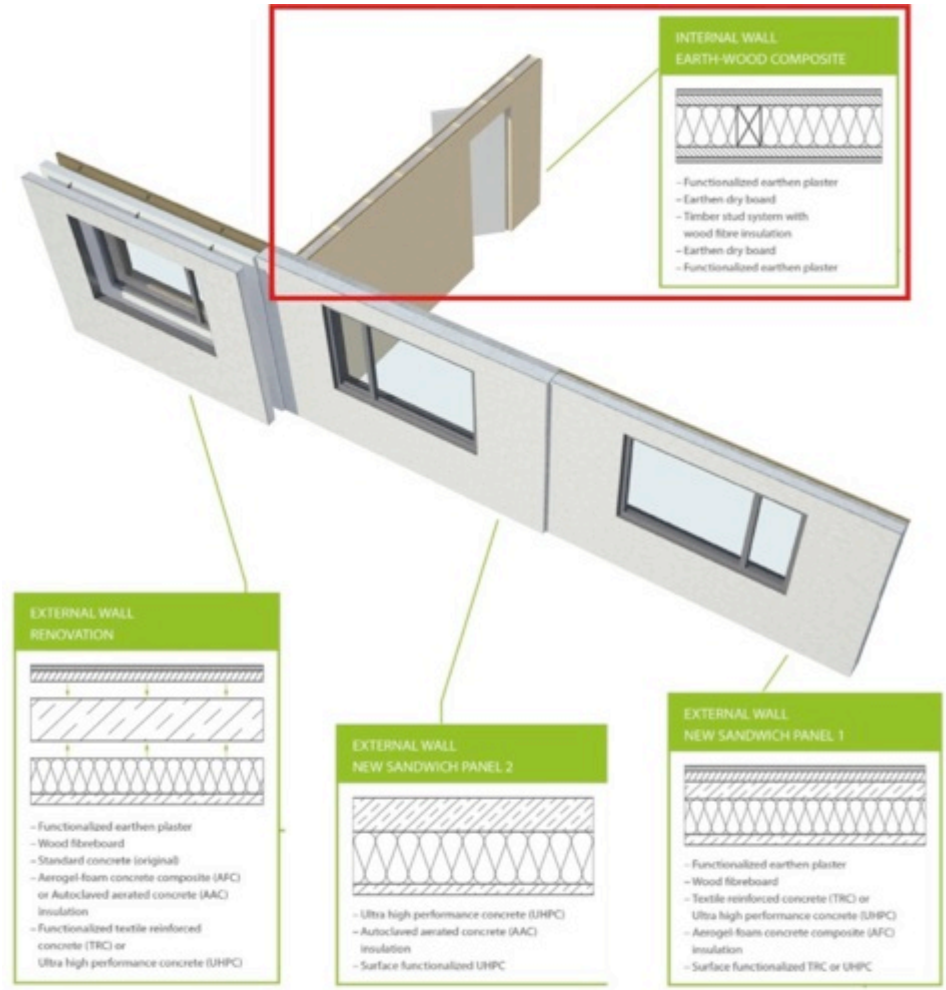
HONG KONG WORLD SBE 2017
WORLD Sustainable Built Environment Conference
Organisers:
CONSTRUCTION INDUSTRY COUNCIL 建造業議會
HKGBC 香港綠色建築議會
SBE SERIES
International Co-owners:
CIB
iiSBE
UNEP Sustainable Buildings and Climate Initiative
FIDIC
Global Alliance for Buildings and Construction

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

GOALS AND OBJECTIVE

- Innovative materials and construction
- Improved Indoor Environmental Quality
  - -Thermal comfort
  - - RH – Water vapour sorption
  - - Prevention against overheating in summer
  - - Low emitting materials
  - - Adsorption of air pollutants
  - - Sound insulation
- LCA / LCC
- Energy efficiency
- Affordability



and acoustic

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Address shortcomings associated with modern airtight buildings
> increased relative humidity levels indoors, damp problems and condensation
> higher concentration of air pollutants

Develop robust solutions that are able to react to reduced air exchange rates and address associated problems in combination with natural ventilation.

Mould growth

Materials emissions

Evaporations

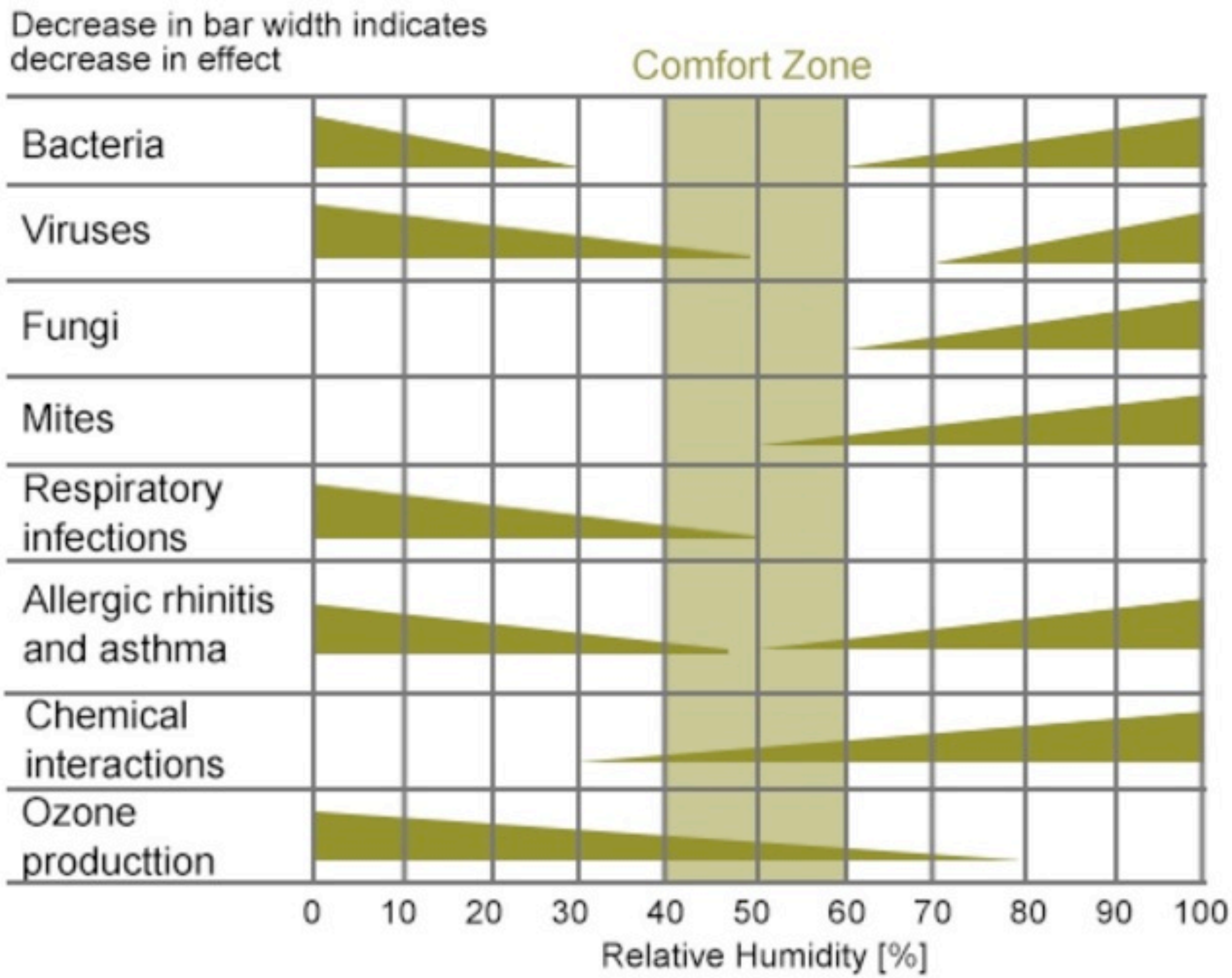
[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Scofield - Sterling
Diagram 1985

Relevant interdependencies of microbioms and relative humidity

Optimal Zone
Between 40% - 60% RH
activity of unwanted health risk for building occupants through bacteria, viruses, fungi etc. is minimal

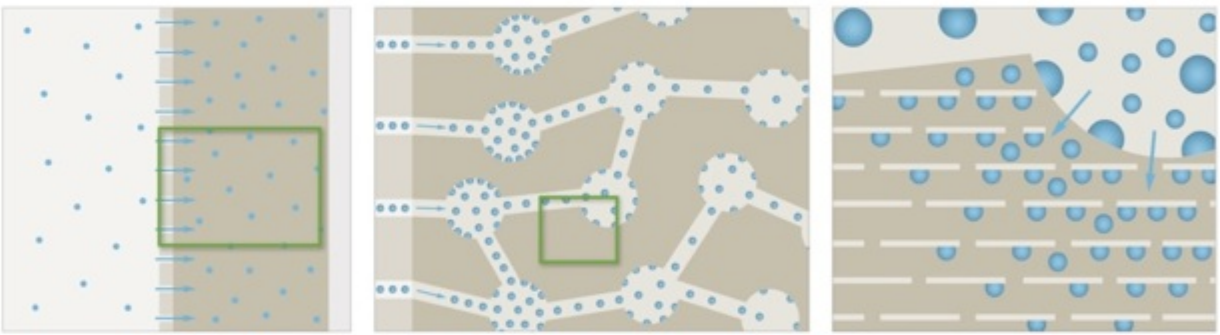


[H] house – EU RESEARCH PROJECT

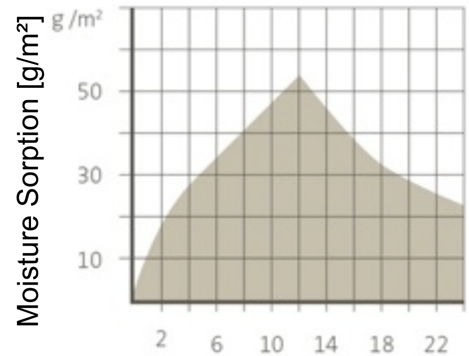
Healthier life for Eco-Innovative Components for housing Construction

Comparison : Humidity adsorption of earthen and cementitious plasters

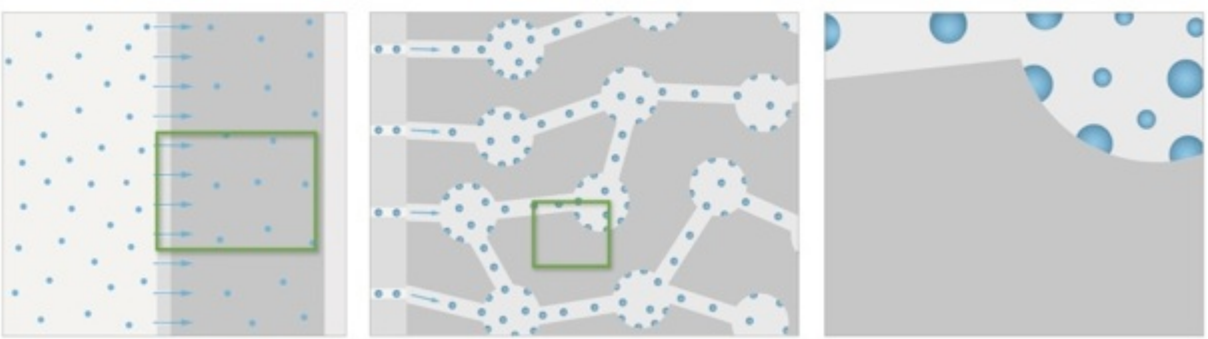
Earthen plaster

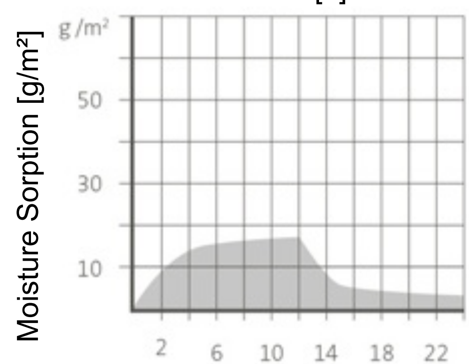


Ad-and desorption in 24 h



Cementitious plaster





[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

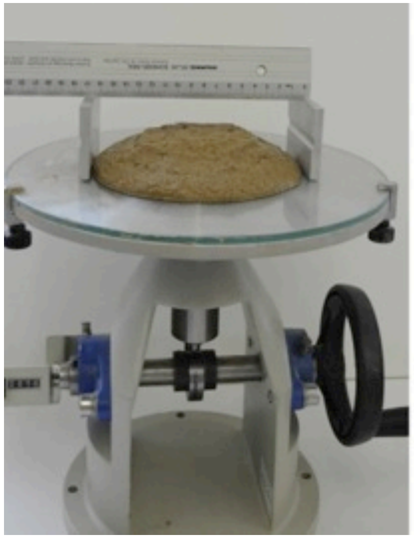
Aerogel (silicate based) highly porous solid objects (ND / CMS / E9)

Bulk density between 40-150 kg/m^3, surface area 750 m^2 / g

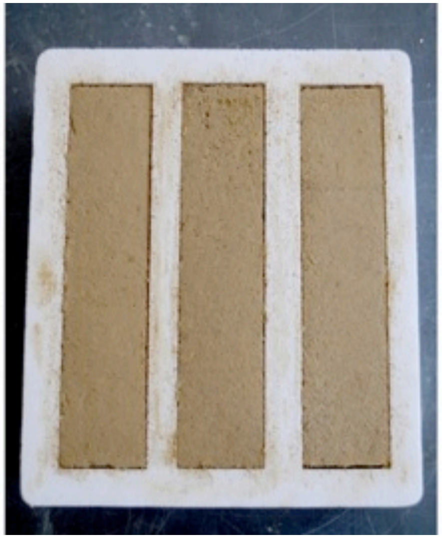
Very cost efficient material production

Material development so far achieved TRL 5, Demonstration is anticipated

Tested against DIN 18947 (earth plasters) strength + shrinkage, new standard required

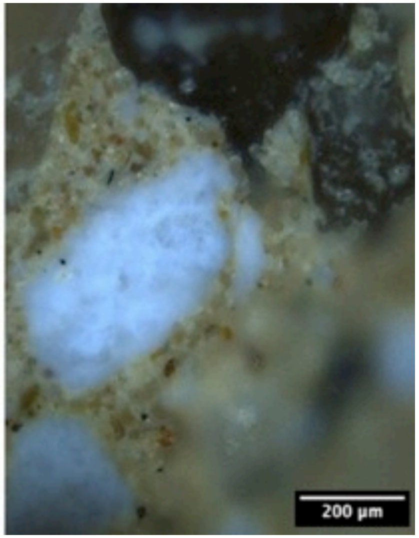


Flow diameter



Drying shrinkage

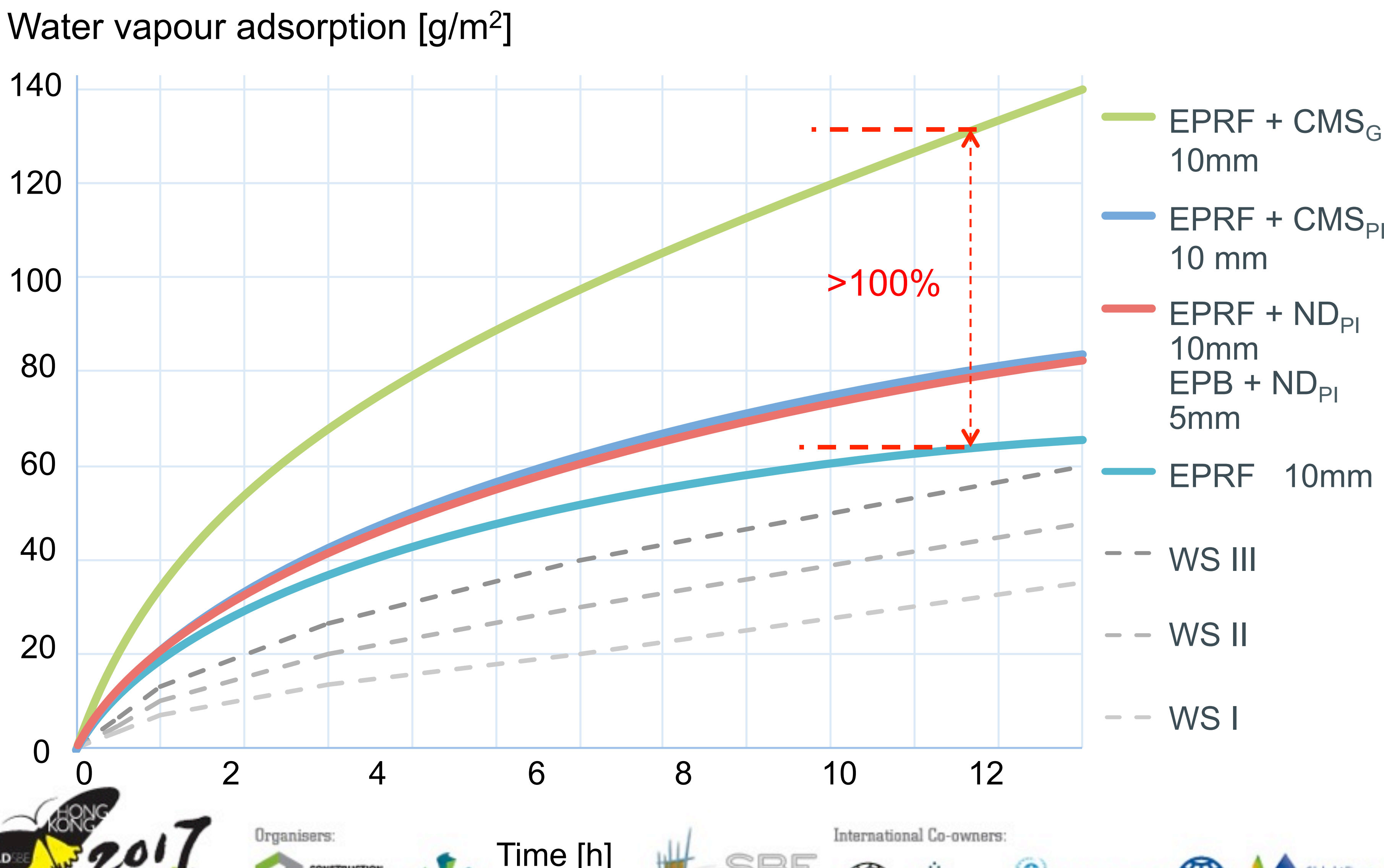
Compressive strength



Microscopy

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction



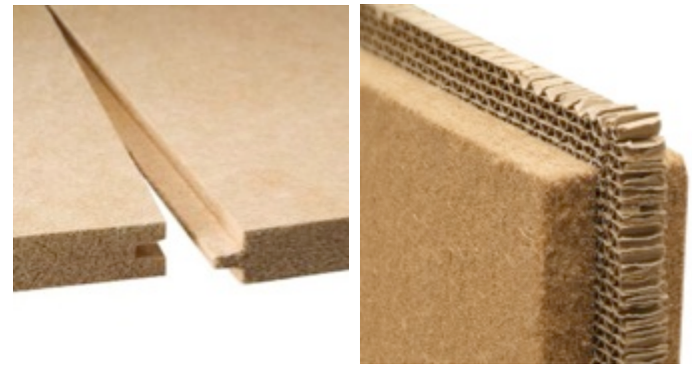
[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Water Vapour Sorption Tests (DIN 18947) +
Emission tests (ISO 16000-9 I prEN 16516)

Earth plaster

Earth dry, earth cellulose board



Wood fibre,wood fibre sandwich board

Wood fibre, hemp and clothes insulation

Wood fibre flax board or strawboard

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

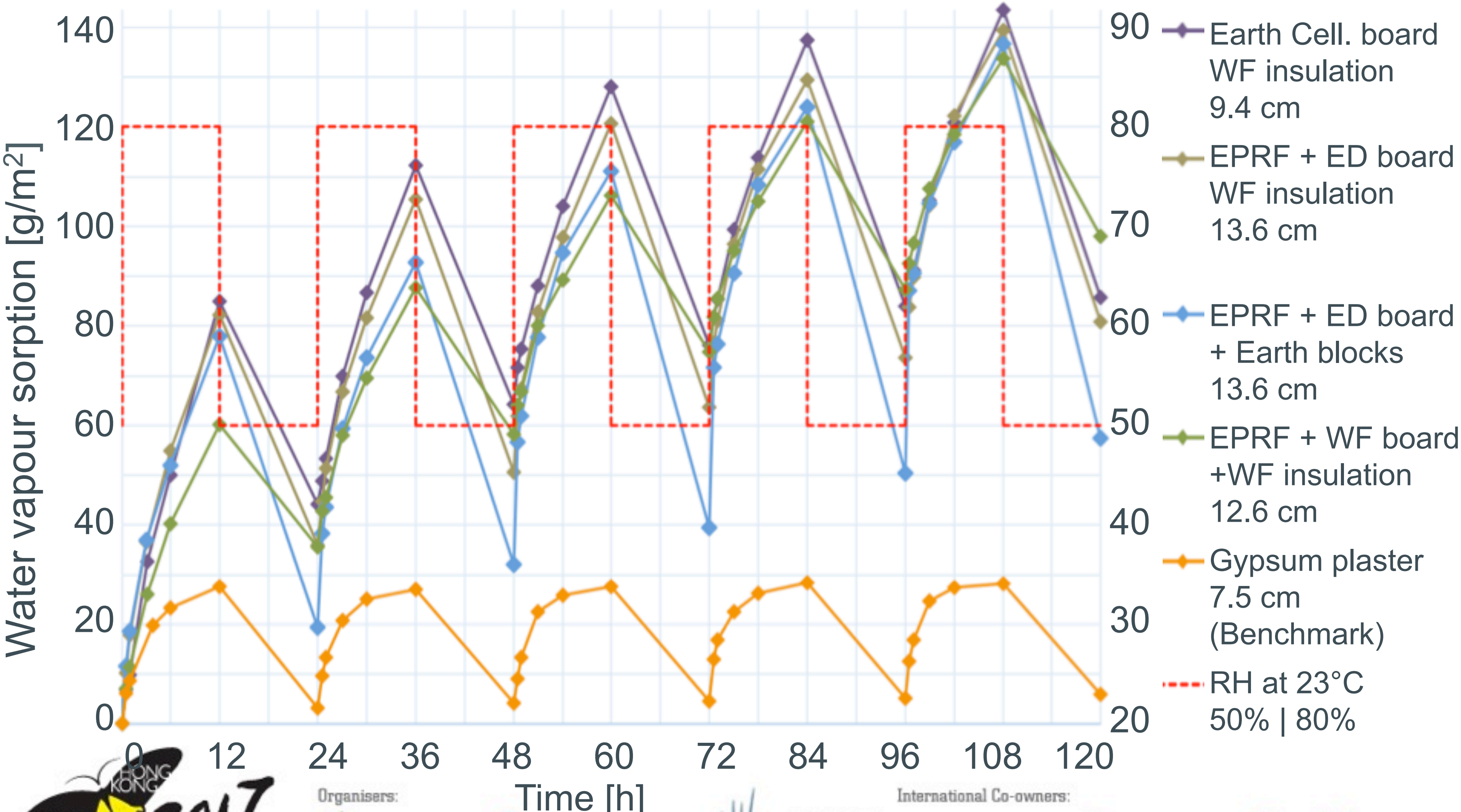
Wall build-ups

Wall build-up: Earth plaster rough (straw) + Earth adhesive + Pavaboard + Pavaflex

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material investigation – water vapour sorption test (based on DIN 18947)



[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

1. Emissions testing
- Emissions of formaldehyde, VOCs, SVOCs and radon by sampling at days 3, 7, 10 and 28 days after loading
- Evaluation against German AgBB testing scheme

2. Testing for adsorption capacity
- Sorption behaviour towards 5 VOCs representing important indoor air pollutants (1- pentanol, hexanal, butyl acetate, α-pinene and n-decane)
- Concentrations ranging from 200 to 500 µg/m3

3. Testing parameters for both types of testing
- T = 23 °C / RH = 50%
- n = 1.0 h-1 / L = 2.0 m^2/m^3 → q = 0.5 m3/(m2h)
- Corresponds to a reference room of 30 m^3 (3 m x 4 m x 2,5 m) with a wall surface area of 31.4 m^2 (European reference room)

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

Preparation of test samples and testing

1. Installation into modular sample intakes

[H] house – EU RESEARCH PROJECT

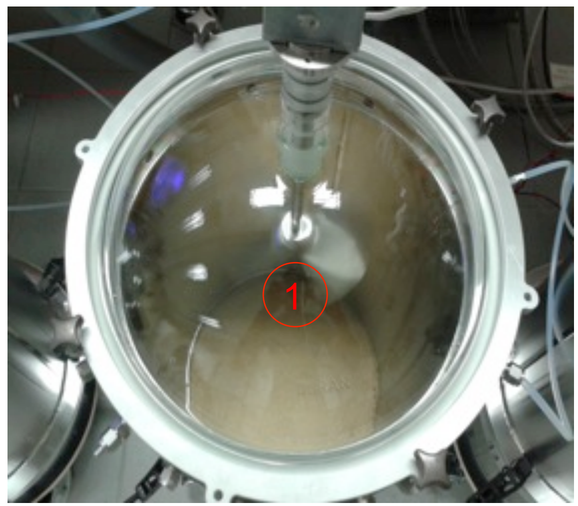
Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

Preparation of test samples and testing

2.Pre-conditioning of test samples, if necessary n = 1,0 h-1, RH = 50 %

3. Assembling emission test chamber



1. Glass lid with agitator
2. Connection ring

3.Hollow cylinder
4. Sample intake

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

Evaluation of (s)VOC emissions

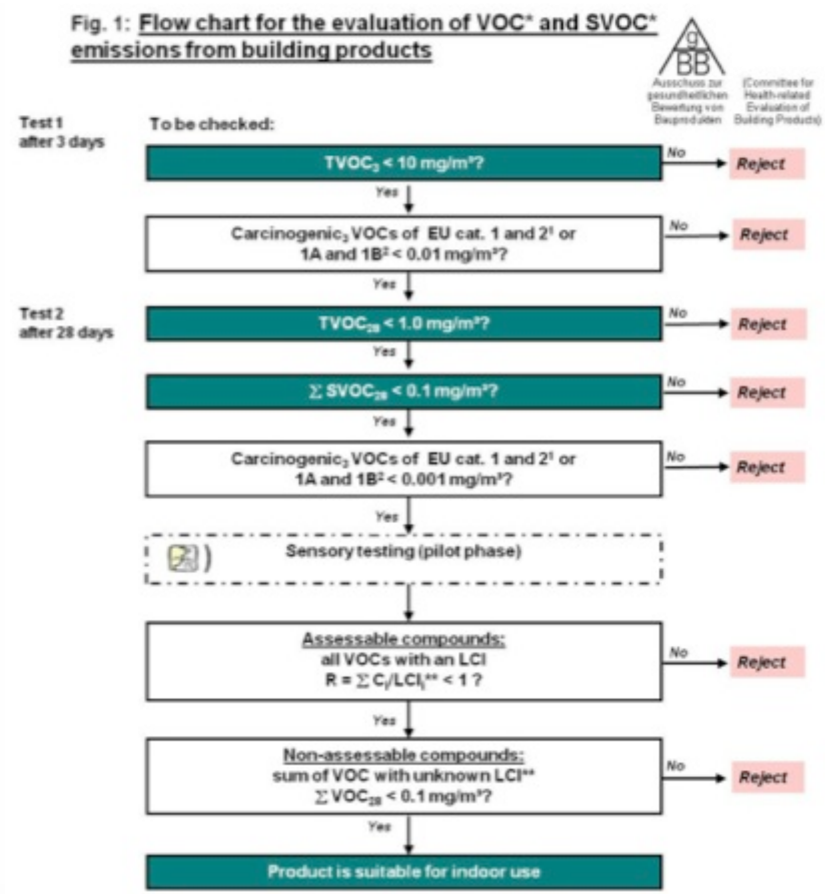


Fig. 1: Flow chart for the evaluation of VOC* and SVOC* emissions from building products

- Evaluation of suitability for indoor use
- In Germany mandatory for flooring materials and decorative wall coverings
- Developed for evaluation of VOC emissions from single building materials

→ In the H-House project used to assess emissions into indoor air

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

Evaluation of VOC reduction (ISO 16000-24:2009)

1. Determination of sorption flux *F*m [µg/(m2h)]
   Mass of VOC (except formaldehyde) sorbed per time per area at the specified elapsed time from the test start
2. Calculation of sorption mass ρAa [µg/m2]
   Theoretical maximum mass of VOC (except formaldehyde) that could be removed per area of the sorptive material
3. Test stopped when half-lifetime was reached for each compound
   Time elapsed from the start of the test until the VOC decreases to one-half of the initial concentration.
4. Measurement of re-release of VOCs for at least 7 days

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

Results of emissions tests

VOC

- TVOC in all cases below 1000 µg/m^3
- AgBB criteria fulfilled in 18 from 19 cases

Limitation: Evaluation scheme developed for single materials! For application on composite materials criteria would need to be adjusted.

Radon

Radon exhalation from all tested materials fell below the recommended contribution to the overall indoor radon concentration of 20 Bq/m^3 (*recommendation German Committee for Radiation Protection*)

- In most cases near or below limit of detection

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Material emissions and reduction of airborne pollutants

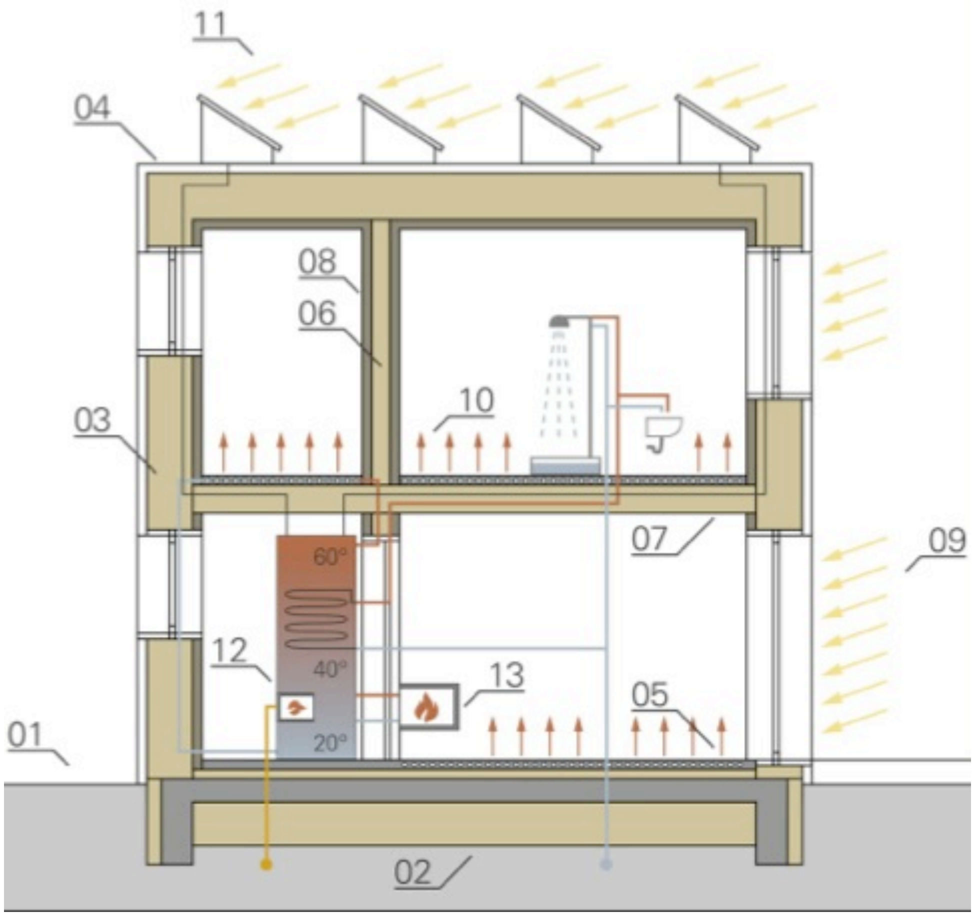
Results of VOC reduction tests (ISO 16000-24:2009)

No.	1-pentanol (mg/m²)	Hexanal (mg/m²)	Butyl acetate (mg/m²)	α-pinene (mg/m²)	n-decane (mg/m²)	$\Sigma\rho_{Aa}$ (mg/m²)
1	7.9	6.0	12.6	0.0	0.0	26.5
2	8.7	7.9	18.0	0.0	0.0	34.6
3	38	21.9	27.3	0.0	0.9	88.1
4	30.4	24.0	32.6	0.0	1.0	> 88.0
5	3.2	3.0	5.1	0.0	0.0	11.3
6	6.6	4.2	11.0	0.0	0.0	21.8
7	6.0	1.9	1.8	0.0	0.8	10.5
8	36.3	32.2	57.1	0.0	0.9	> 126.5
9	9	2.3	11.9	0.0	1.7	24.9

- Earth plaster materials generally show good adsorption capacity
- Significant increase of adsorption when ND *Aerogel powder hydrophilic* (ND_{PI}) or CMS *Aerogel Granulate hydrophilic* (CMS_{GI}) was added
- Adsorption generally favourable to the polar VOCs and n-decane in low amounts;
- α-pinene was not attached
- Plaster thickness important – best performance at 5-10 mm

Timber Earth Buildings

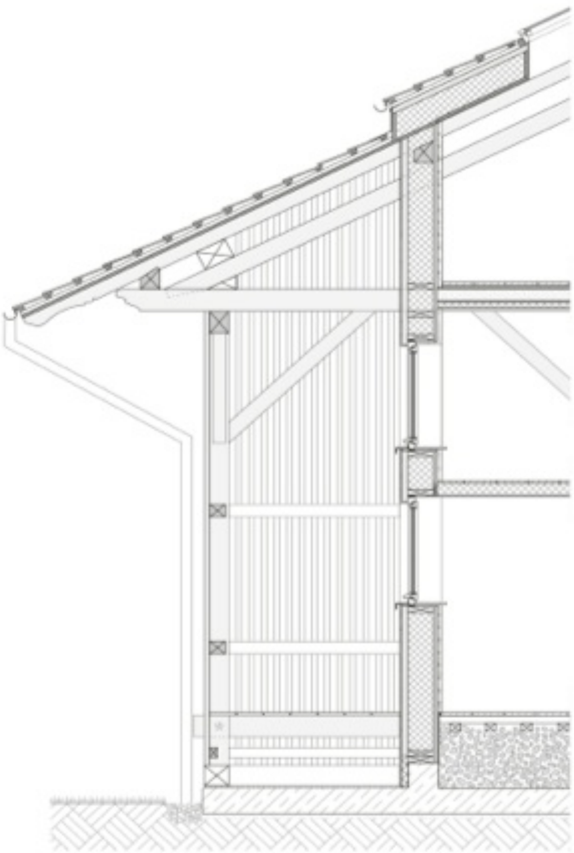
Energy efficient without mech. ventilation



01 Building Ground
02 Concrete Floor Slabs
03 Timber Construction, Wood Fibre Insulation
04 Timber Construction, Wood Fibre Insulation
05 Wood Fibre Insulation, Floor Heating
06 Timber – Earth Walls
07 Solid Timber Ceiling
08 Earth Cladding to condition room climate
09 Passive Sun Use
10 Floor Heating
11 Solar Hot Water Collector
12 Hot Water Storage, Additional Gas Heating
13 Passive Fireplace (Heat Exchanger)

Living and working in the historic "Torfermise" Schechen, Bavaria

Timber, wood fibres, earth blocks, earthen plasters



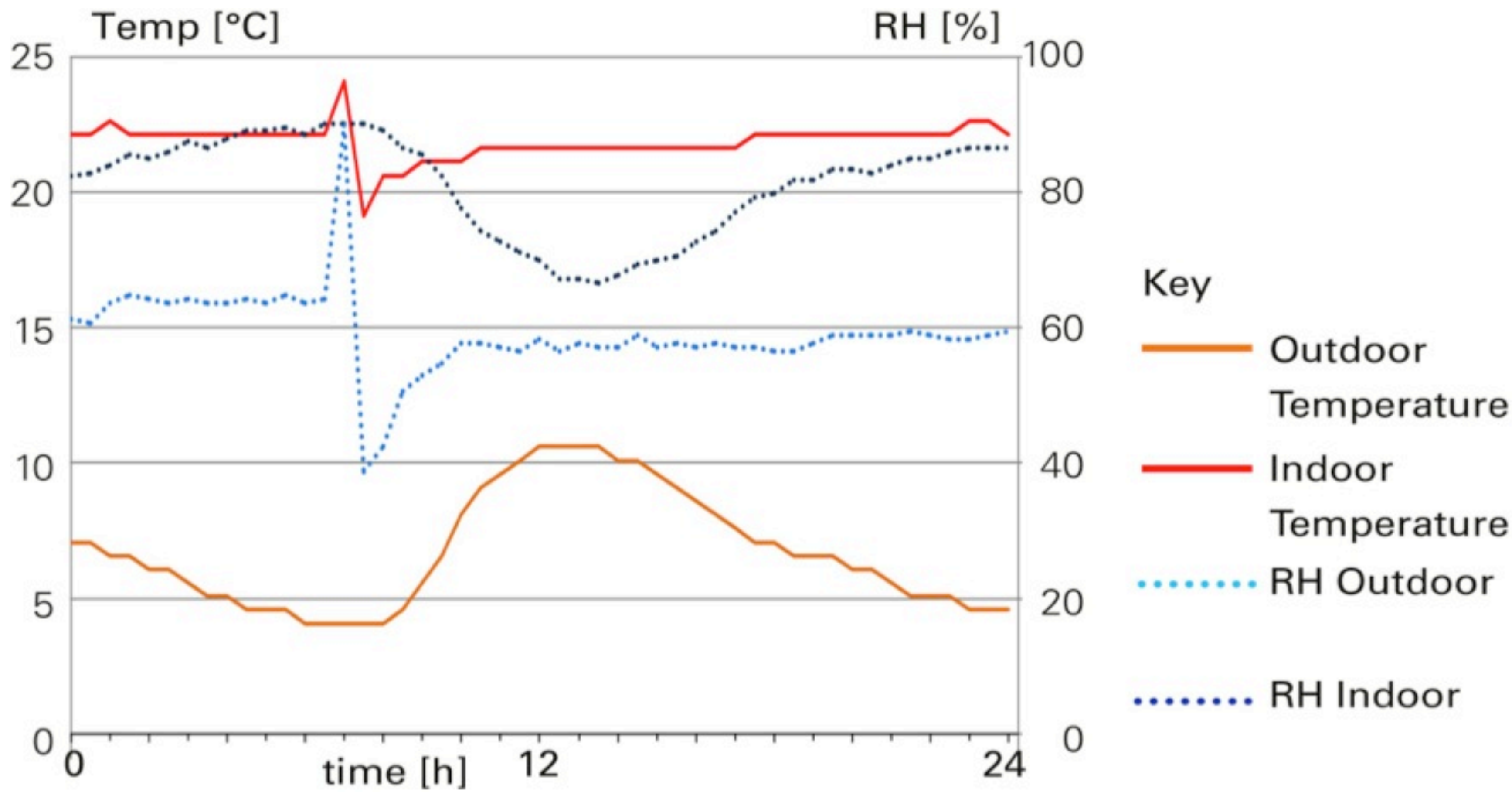
Living and working in the historic “Torfermise” Schechen, Bavaria

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Monitoring results of flats fitted out with earth plasters

Bathroom in wintertime



Conclusions

- Earth, timber, wood- and other natural fibres are vapour active and able control the indoor climate / humidity and temperature
- These natural building materials demonstrate very low emissions and earthen plasters are able to absorb VOC from the indoor air
- The addition of aerogels the moisture adsorption and air purifying capacity of earthen plaster was enhanced fossil society

[H] house – EU RESEARCH PROJECT

Healthier life for Eco-Innovative Components for housing Construction

Conclusions

• Energy efficient, airtight buildings, naturally ventilated twice a day demonstrate healthy RH between 40% - 60%

• In the moderate central climate (Europe) Low-Tech zero carbon buildings can be constructed without or significantly reduced mechanical ventilation

• This Low-Tech approach can also be applied for the usually high mechanical ventilated and conditioned office building sector and production buildings

• In hot dry climatic zones specially earth has a huge cooling and low-cost potential

• Based on further R&D natural materials are based for Low-Tech pioneers of the post

Thank you